



UNITE

YEAR 1 SPRING 2026: Candlemas & Lenten Terms



Staff members who work closely with your child: Mr. Clarke, Miss Scully, Miss Lundy, Mrs. Wignall, Mrs. van der Stok, Mrs. Rhodes

Important dates for your diary this term:

UNITE | **ACHIEVE** | **CELEBRATE**

Unite: Wednesday, 7th January 2026 – 3:35pm

Parent/Teacher/Child evening (Achievement, Wellbeing and Development Reviews): Wednesday, 11th February 2026 3:50pm - 5:00pm and 6:00pm – 8:00pm

Achieve opportunity to meet Pastoral lead / Inclusion & SEND lead: Wednesday, 28th January, Wednesday, 25th February; Wednesday, 25th March

Celebrate: Monday 9th February – Friday 13th February – Bring and Buy Week; Monday 2nd March – St. David's Day (Wear yellow, green or red); Tuesday, 17th March – St. Patrick's Day (Wear green); Wednesday 25th March – Solemnity of the Annunciation of the Lord (Non-uniform day); Wednesday, 1st April – SH Passion

Class led Friday morning prayer: Friday, 20th March – 1S Assembly – 9:05am

Masses: Friday, 16th January – 10:00am @ Church; Friday, 6th March – 10:00am @ Church

Music Recitals: Monday, 9th February - 2:00pm; Monday, 30th March – 2:00pm

APoP link: <https://www.sacred-heart.bolton.sch.uk/wp-content/uploads/2025/08/APOP-2025-2026-01SEP2025-FINAL.pdf>

How can we unite to support learning this term?

Numbots - <https://play.numbots.com/#/account/school-login/19022>

(Use the child's login provided in their reading diary for Maths homework and games. Use BL5 3DU to find the school and then their own login.)

Purple Mash – Each child will have their own individual login for Purple Mash which aides with their computing. Logging in at home allows them to explore the website in further detail. <https://www.purplemash.com/login/#/>

(Use BL5 3DU to find our school)

A regular update, the Sacred Heart Standard, is uploaded to our website and a link is sent to those registered with our messaging service. Do not miss this regular important newsletter. <https://www.sacred-heart.bolton.sch.uk/newsletters/>

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Key information for this class:

PE days: Wednesday and Friday (1C); Thursday and Friday (1S)

Reading books are changed on: Tuesday (both classes)

Spelling test day: Thursday (both classes)

Spellings given on: Friday

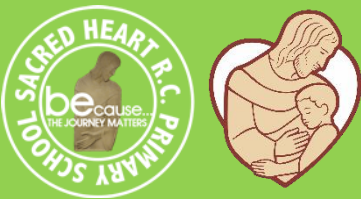
Useful websites:

<https://www.sacred-heart.bolton.sch.uk/>



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YEAR 1 SPRING 2026: This term we are learning about...



Curriculum: Further information on our curriculum intent and the curriculum in each subject is available on our school website:

<https://www.sacred-heart.bolton.sch.uk/curriculum-map/>

RE:

Branch 3 – Galilee to Jerusalem

Children will learn about Jesus’ hidden years and adult ministry and how Jesus showed love and kindness to everyone, particularly the poor.

Branch 4 – Desert to Garden

Children will explore the seasons of Lent and Easter and understand that Jesus was resurrected and how to celebrate this through our actions.

English:

Key texts to support writing:

Owl Babies by Martin Waddell
The Shopping Basket by John Burningham
Funnybones by Janet and Allan Ahlberg
Six Dinner Sid by Inga Moore

Writing Objectives:

The conjunction ‘but’
Identifying proper nouns (people, places, days of the week)
Expanded noun phrases
Capital letters for proper nouns
Represent phoneme as grapheme (sounds taught so far)
Words ending in y – very, happy, funny
Adding s and es to words
The ‘tch’ spelling – scratch, catch
Common exception words- one, once, ask, friend, school, put, push, pull, full, house, our

Maths:

Place value within 20:

- Count within 20
- Understand 10
- Understand 11,12,13,14,15,16,17,18,19 and 20
- 1 more, 1 less
- The number line to 20
- Use a number line to 20
- Estimate on a number line to 20
- Compare numbers to 20
- Order numbers to 20

Addition and subtraction within 20:

- Add by counting within 20
- Add ones using number bonds
- Find and make number bonds to 20
- Doubles
- Near doubles
- Subtract ones using number bonds
- Subtraction- counting back
- Subtraction- finding the difference
- Related facts
- Missing number problems

Place Value within 50

- Count from 20 to 50
- 20,30,40 and 50
- Count by making groups of tens
- Groups of tens and ones
- The number line to 50
- Estimate on a number line to 50
- 1 more, 1 less

Length and Height

- Compare lengths and heights
- Measure length using objects
- Measure length in centimetres

Mass and Volume

- Heavier and lighter
- Measure mass
- Compare mass
- Full and empty
- Compare volume
- Measure capacity
- Compare capacity

Science:

Animals Including Humans

- Identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals
- Identify and name a variety of common animals that are carnivores, herbivores and omnivores
- Describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals, including pets)

Seasons

- Observe changes across the four seasons
- Observe and describe weather associated with the seasons and how day length varies

Computing:

Purple Mash – Lego Builders, Maze Explorers, Spreadsheets.

Following instructions, using directional keys and understanding spreadsheets.

Art & Design:

To create a piece of Pop Art using reusable items.
To design and create a painting of Mary Seacole. In the style of Andy Warhol they will add bright colours to the drawing.
They will experiment with a variety of recyclable materials.
In groups of 4, they will create marks using the bubble technique, using bright coloured paint in the style of Roy Lichtenstein.

Design & Technology:

To research, design and make a bee bot trailer that can carry 3 strawberries.
To evaluate what went well and what would make it even better.

Music:

Landscapes & Soundscapes

Listening: Modest Mussorgsky – Pictures at an Exhibition
Playing: Explore how to make sounds on different percussion instruments and how sound is affected by size of instrument & material made from.
Singing: Stand up, Clap Hands
Composing/Performing: Making our own Soundscape to present to an audience.



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History:

Significant individuals: Mary Seacole

- Use of images & timeline to determine when Mary lived – understanding that she lived in the past and not the present. (**Chronology; similarity & difference**)
- Children can organise key events of this person's life chronologically.
- Pupils understand the changes that have taken place in her life.
- Pupils understand the significance of her life.
- Understand that others have different interpretations.

Geography:

Hot and Cold Areas:

- Identifying hot and cold places.
- Locating hot and cold places.
- Features of a hot or cold place.
- How animals adapt to a hot or cold place.
- How to pack for a hot or cold holiday.

French:

- Simple greetings
- Making simple statements-(about name and age)
- Asking simple questions- (about name and age
- know immediate family members
- Numbers 1–10
- Join in with a French song
- Know some parts of the body
- Know some colours

Physical Education:

Coach- Skills – Hockey

- Correct grip on a hockey stick
- Select different ways to dribble
- Show awareness when in control of the ball
- Shows speed when in control of the ball
- Recognise space on the pitch
- Interclass Competition

Coach- Dance

- Follow simple dance patterns
- Perform basic dance actions
- Apply control and fluency to actions
- Use expression whilst dancing
- Combine actions to make simple dance patterns
- (Showcase performance)

Teacher - Send and receive:

- Demonstrate and understand how to throw with good weight and speed, individually and as a pair.
- Use a range of small equipment to aim consistently at different targets.
- Use a range of small equipment to send and receive with a partner.
- Use a range of small equipment to aim consistently at different targets.
- Demonstrate and understand receiving techniques.
- Interclass Competition

Teacher - SAQ

- Use the balls of the feet to complete equipment.
- Use good balance through ladder drills.
- Look forward when using equipment.
- Use good body mechanics with and without equipment.
- Smooth action through equipment
- Improve spatial awareness.

PSCE & RHE:

Over the three sessions of Unit 3 – Emotional Well-Being, children will meet presenters Jayden and Josie and fictional character Super Susie. They will help children to understand and articulate their own changing feelings and how other people's feelings might differ from theirs. Children will learn how they can manage their feelings and about the consequences of their actions.

Unit 4 – Life Cycles returns to the Gospel story from Unit 1, to show that God created us to follow the cycle of life and He loves us at every stage. Children will learn about the specifics of the human life cycle and celebrate how they have already changed and grown.

Educational Visits & Visitors:

Blackpool Zoo visit (TBC)