



Prayer Progression

Prayers introduced in Reception, KS1, LKS2 & UKS2



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

LOVE ONE ANOTHER



Prayer &
Liturgy
Directory

Dear Jesus,
Thank You for loving me.
Help me to live like You every day.

Help me show *compassion* by being kind to others who are sad or hurt.

Help me have *humility* by not showing off and remembering that everyone is special.

Help me show *respect* by listening and being gentle with others.

Help me be full of *integrity* by doing what's right, even when no one is watching.

Help me give *service* by helping others, just like You helped people.

Help me speak *truth* by always being honest and telling the truth with love.

Amen.



Reception	KS1:	LKS2	UKS2
A Sign of the Cross	Glory be to the Father	The Apostles' Creed	Morning Offering
The Sign of the Cross	Grace before meals	Act of Contrition	The Rosary
School prayer	Grace after meals	Angel of God	The Magnificat
For our school	Simple Angelus	Come, Holy Spirit	Act of Faith
Diocese prayer	Millennium resolution	Prayer of St Richard of Chichester	Act of Hope
Most Sacred Heart of Jesus	Breton fisherman's prayer		Act of Love
The Lord's Prayer			Eternal Rest
The Hail Mary			The Angelus

All classes to learn the CHRIST values school prayer



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Reception

- A Sign of the Cross
- The Sign of the Cross
- School prayer
- For our school
- Diocese prayer
- Most Sacred Heart of Jesus
- The Lord's Prayer
- The Hail Mary



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A Sign of the Cross

God is the Father, Jesus is the Son, The Holy Spirit is all around. Amen.

- The sign of the cross is both an action and a statement of faith. A physical reminder of our redemption in the cross and an expression of faith in the Trinity.



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The Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit. Amen.

- The sign of the cross is both an action and a statement of faith. A physical reminder of our redemption in the cross and an expression of faith in the Trinity.



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School Prayer

Jesus lives in our school:
In our minds
and words
and actions...
Love one another!

So that, in all things that we
think, say and do, God may
be glorified.

Most Sacred Heart of Jesus,
I place all my trust in You...



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

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For our school

This is our school

It is full of love

Love of one another

Love of life itself

But most of all –

The love of Jesus Christ Our Lord

Amen



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

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Diocese prayer

Stay with us, Lord, on our journey...



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

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Most Sacred Heart of Jesus

Most Sacred Heart of Jesus, I place
all my trust in you...



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The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth,
as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

- The Lord's Prayer 'is truly the summary of the whole of the Gospel'. (CCC 2761.)



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The Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.

Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.

Amen

- The first part of the Hail Mary is biblical, drawn from Gabriel's greeting to Mary at the Annunciation and Elizabeth's greeting at the Visitation. The second part of the prayer has its origins in 15th-century Italy.



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

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KS1

- Glory be to the Father
- Grace before meals
- Grace after meals
- Simple Angelus
- Millennium resolution
- Breton fisherman's prayer



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Glory be to the Father

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end. Amen.

- The doxology is a short expression of praise of the Trinity dating back to the early Church. It is used extensively in the Liturgy of the Hours and in devotions such as the Rosary.



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

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Grace before meals

Bless us, O Lord, and these your
gifts

which we are about to receive
from your bounty.

Through Christ our Lord.

Amen.

Bless us O Lord,

Bless our food.

Bless those who make it for us,

And please give food to the
hungry.

Amen.



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

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Grace after meals

We give you thanks, Almighty
God,
for all your benefits,
who live and reign, world without
end.
Amen.

Let us thank God -
for food when others are hungry;
for drink when others are thirsty;
for friends when others are lonely.
Amen.



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Simple Angelus

- The Angel Gabriel told Mary that she had been chosen to have a very special baby.
- Hail Mary...
- Mary agreed to the plan. She said, “Let it happen to me as you have said”.
- Hail Mary...
- And Jesus was born and lived among us.
- Hail Mary...
- Holy Mary, please pray for us, that our love for Jesus may grow stronger every day.
- Let us pray: O Lord, fill our hearts with your love, warming our hearts and brightening our way. May Christ our Saviour bring light and life into this world, and to us, as we wait for His coming. Amen.



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Millennium resolution

Let there be:

- Respect for the Earth
- Peace for its people
- Love in our lives
- Delight in the Good
- Forgiveness for past wrongs
- And from now on – A new start...



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Breton fisherman's Prayer

Dear God,
Be good to me;
the sea is so wide
and my boat is so small...



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LKS2

- The Apostles' Creed
- Act of Contrition
- Angel of God
- Come, Holy Spirit
- Prayer of St Richard of Chichester



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The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,

- At the words that follow, up to and including the Virgin Mary, all bow.

who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

- Based on baptismal documents of the 8th century but related to texts of an earlier origin.



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Act of Contrition

O my God,
because you are so good,
I am very sorry that I have sinned against you,
and with the help of your grace
I will not sin again.

- One of the forms of the Penitent's Prayer of Sorrow found in the Rite of Penance.



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Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

- The prayer is based on one by Reginald of Canterbury in the early 12th century.



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

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Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you will renew the face of the earth.

Let us pray

O God, who by the light of the Holy Spirit,
did instruct the hearts of your faithful,
grant that by that same Holy Spirit,
we may be truly wise, and ever rejoice in your consolation,
Through Christ our Lord.

Amen.

- This prayer is a compilation of a number of liturgical texts drawn from the Mass and Office of Pentecost and the Votive Mass of the Holy Spirit.



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Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ,
for all the benefits which you have given me,
for all the pains and insults which you have borne for me.
O most merciful Redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day.
Amen.



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

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UKS2

- Morning Offering
- The Rosary
- The Magnificat
- Act of Faith
- Act of Hope
- Act of Love
- Eternal Rest
- The Angelus



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Morning Offering

O Jesus,
through the most pure heart of Mary,
I offer you all my prayers,
thoughts, works and sufferings of this day
for all the intentions of your most Sacred Heart.
Amen.



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

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The Rosary

- For each mystery or decade, one Our Father, ten Hail Marys and the Glory be is recited.
- **The Joyful Mysteries** (Recited Monday and Saturday) The Annunciation (Luke 1:26–38) The Visitation (Luke 1:39–45) The Nativity (Luke 2:1–7) The Presentation in the Temple (Luke 2:22–35) The Finding in the Temple (Luke 2:41–52)
- **The Mysteries of Light** (Recited Thursday) The Baptism of Jesus (Matthew 3:13–17) The Wedding Feast of Cana (John 2:1–12) The Proclamation of the Kingdom, with the call to Conversion (Mark 1:14–15; 2:3–12) The Transfiguration (Luke 9:28–36) The Institution of the Eucharist (Matthew 26:26–29)
- **The Sorrowful Mysteries** (Recited Tuesday and Friday) The Agony in the Garden (Mark 14:32–42) The Scourging at the Pillar (Matthew 27:15–26) The Crowning with Thorns (Matthew 27:27–31) The Carrying of the Cross (John 19:15–17; Luke 23:27–32) The Crucifixion (Luke 23:33–38, 44–46)
- **The Glorious Mysteries** (Recited Wednesday and Sunday) The Resurrection (Matthew 28:1–8) The Ascension (Acts 1:6–11) The Descent of the Holy Spirit (Acts 2:1–12) The Assumption (1 Thessalonians 4:13–19) The Coronation of Mary Queen of Heaven and Earth (Revelation 12:1; 14:1–5; Isaiah 6:1–3)



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Prayer concluding the Rosary

[Hail, Holy Queen, etc.]

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only-begotten Son, by his life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

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Hail, Holy Queen (Salve Regina)

Hail, Holy Queen, Mother of Mercy, Hail our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears! Turn, then, most gracious Advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

- The Salve Regina is one of the Marian Anthems sung at Night Prayer



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The Magnificat

My soul proclaims the greatness of the Lord, and my spirit rejoices in God my Saviour, for he has looked upon his handmaid in her lowliness; for behold, from this day forward, all generations will call me blessed.

For the Almighty has done great things for me, and holy is his name. His mercy is from age to age for those who fear him.

He has made known the strength of his arm, and has scattered the proud in their conceit of heart. He has cast down the mighty from their thrones and has exalted those who are lowly. He has filled the hungry with good things, and has sent the rich away empty.

He has helped his servant Israel, mindful of his mercy, even as he promised to our fathers, to Abraham and his descendants for ever.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

- Mary's song of praise was first sung to her cousin Elizabeth (Luke 1:46–55). It is sung daily at Evening Prayer.



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Act of Faith

My God, I believe in you
and all that your Church teaches,
because you have said it,
and your word is true.



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Act of Hope

My God, I hope in you,
for grace and for glory,
because of your promises,
your mercy and your power.



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Act of Love

My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself



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Eternal Rest

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May they rest in peace. Amen.

- Based on the Entrance Antiphon of the Mass for the Dead.



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

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The Angelus

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail, Mary...

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word. Hail Mary...

V. And the Word was made flesh.

R. And dwelt among us. Hail Mary...

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray; Pour forth, we beseech thee, O Lord, thy grace into our hearts; that we, to whom the Incarnation of Christ, thy Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ, our Lord. Amen.

- The Angelus is traditionally said three times a day: at 6am, 12 noon, and 6pm



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

LOVE ONE ANOTHER

**LOVE ONE ANOTHER
LIKE JESUS...**



JESUS LIVES IN OUR SCHOOL: IN OUR MINDS AND WORDS AND ACTIONS...

LOVE ONE ANOTHER

