



Sacred Heart of Jesus Parish Westhoughton

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Salford Roman Catholic Diocesan Trustees Registered Charity Number 250037



DIOCESE OF SALFORD

Sunday 2nd March 2025
7th Sunday in Ordinary Time
Year C

MASS TIMES THIS WEEK

Saturday	6pm
Sunday	10am
Mon, Tues and Thurs	9am
Ash Wednesday	10am in school 7pm in Church
Friday	10am

SACRAMENT OF RECONCILIATION

Saturday 5.30 – 5.50 pm

STATIONS OF THE CROSS

Friday 7pm

THIS SUNDAY'S MASS

First Reading

Sirach 27:4-7

Do not praise a man before you hear him reason.

Responsorial Psalm

Psalm 92: 2-3.13-14.15-16.

It is good to give thanks to you, O Lord.

Second Reading

1 Corinthians 15:54-58

He gives us the victory through Jesus Christ.

Gospel Acclamation

Ph 2:15d, 16a

Shine as lights in the world, holding fast to the word of life.

Gospel

Luke 6:39-45

Out of the abundance of the heart the mouth speaks.

Facebook: @SHJWParish

Suggested items for inclusion in future editions of the newsletter may be emailed to

SHJWesthoughtonNewsletter

@outlook.com – Please submit items for inclusion by midday Thursday.

THE WORD THIS WEEK

Matthew gathered together the teachings of Jesus on the basic requirements of Christian morality into the Sermon on the Mount; that formed a sort of manifesto for the Kingdom of Heaven, starting with the eight Beatitudes. Luke gathers many of the same teachings into his 'Sermon on the Plain', starting with four Beatitudes. This has provided the gospel readings for the last three Sundays. Matthew, writing for Christians of Jewish origin, stressed Jesus' teaching on the law, and how Jesus made it more interior and often more demanding. Luke, always aware of the needs of the poor, stresses more our social obligations. As he draws to a conclusion, he gives us two of Jesus' warnings, expressed in the vivid language and with the fierce exaggeration and wit that is so characteristic of Jesus' teachings. The first, the splinter and the log, warns us to use the same standards in judging ourselves as we use in judging others. The second, the sound and rotten fruit, is perhaps a double warning. You can judge people only by their actions. More profoundly, it is also a challenge: don't flatter yourself on your achievements until you are good through and through, until the store of goodness in your heart is really overflowing.

Piety Stall - The piety stall has copies of the Sunday Missal back in stock. £20 each.

Ash Wednesday is this Wednesday and marks the beginning of Lent. Wednesday is a day of fasting and abstinence. Mass with the blessing and distribution of ashes at 10am in Sacred Heart School and 7pm in Church.

Stations of the Cross. On the Fridays of Lent Stations of the Cross will be prayed at 7pm in Church. All welcome.

Reconciliation Service. The children preparing to receive the Eucharist for the first time this year will celebrate the sacrament of reconciliation on Thursday 13 March at 6.30pm. There will be several priests joining us and other parishioners are welcome to join us. Please continue to pray for these children and their families. The next Sunday celebration for the communion candidates is on 9 March.

Disability and Deaf Awareness.

Caritas are offering two sessions on disability and deaf awareness here at Sacred Heart. Think Disability is on

Tuesday 11 March and Deaf Awareness on Tuesday 25 March. Both beginning at 7pm. All welcome.

Sacred Heart School: the next class let morning prayer (assemblies) are 7 March 2025: All pupils Launch of Caritas St Joseph's Penny Appeal; 14 March 2025: 1P; 21 March 2025: Y4 & Y5; 28 March 2025: RB; 4 April 2025: Y2 & Y3; 11 April 2025: 3C. All welcome from 9am.

Coffee Mornings the next coffee morning will be after Sunday Mass today & 16th March. All welcome.

Do you knit or crochet? Sacred Heart pupils would like your help in providing 'fiddle muffs' for people with dementia. If you are interested in finding out more, please leave your details with one of the stewards.

Caritas is appealing for supplies to support their parent and baby service. Donations of store cupboard items, tins, squash, dishwasher tablets, anything to help parents develop skills in cooking, baby clothes and toiletries may be left in the trolley in the entrance foyer.

Safeguarding our children - A gentle reminder to parents that all children should be accompanied when they use the toilets. This is to ensure our children are safe at all times when they are attending church.

Children's Liturgy of the Word - continues to welcome children aged between 3 and 8 years old, and who have not yet made their first holy communion, to celebrate the Sunday's scripture readings in an age-appropriate way at Sunday Mass. Please remember to register your child each week as you arrive for Mass.

World Day of Prayer. This year the ecumenical prayer service has been prepared by Christians of the Cook Islands. All are welcome to join us at Sacred Heart on Friday 7 March at 1pm. Refreshments afterwards.

Diocesan Synod: The End of the Journey This weekend, our Diocesan Synod draws to a close with the final stage of the journey. On Saturday, clergy and lay synod members gathered to vote on the 40 recommendations that will form our Pastoral Plan to guide our diocese in the years to come. To find out more about the process, the recommendations, and results, please visit <https://dioceseofsalford.org.uk/diocesan-synod-end-of-the-journey>

Diocesan Synod: Thanksgiving Service On Sunday 2 March, there is an opportunity to give thanks for the Synod and pray for guidance as we move into the planning and implementation phases. This Thanksgiving Service will officially close the Diocesan Synod and is open to all to attend. **When:** Sunday 2nd March 2025 **Venue:** St Patrick's RC Church, Livesey Street, Collyhurst, Manchester. M4 5HF **Time:** 15:00 to 17:00 **Parking:** Available in Caritas House car park at the end of Nobby Stiles Drive and various car parks within easy walking around the Church

Primary ECT Pool 2025 Are you looking for a career in teaching? Do you know someone who is training for a career in primary education? ECT (Early Career Teachers) due to gain Qualified Teacher Status in Summer 2025 are being invited to apply for recommendation for interview to Catholic schools with vacancies for September 2025. Email millie.burton

[@dioceseofsalford.org.uk](http://dioceseofsalford.org.uk) to find out more and apply or call 0161 817 220.

Annual St Joseph's Technical High School Reunion Mass Former pupils and staff of St Joseph's RC Technical High School (Laindon Road, Manchester) are invited to this year's reunion with their families to celebrate the school's history. The reunion will take place on Saturday 22nd March 2025 at St Bernard's RC Church, Burnage. Mass begins at 12 noon, with opportunity for confession and Exposition of the Blessed Sacrament from 11am. Please arrive by 11.30am to sign in. Refreshments will be available in the parish hall after Mass.

Join CAFOD's Big Lent Walk in the Jubilee Year You are invited to join CAFOD's Big Lent Walk and journey as Pilgrims of Hope in this Jubilee Year - walking 200km over 40 days during Lent. Perhaps journey to one of the churches or shrines designated as places of pilgrimage in our diocese as part of your Big Lent Walk. Sign up here: <https://walk.cafod.org.uk/> and help to change people's lives. Or call Simon Holleron on 077 100 944 54 for more information.

Jubilee Book Signing Event A special book signing and reading event is due to take place to launch two new books about our diocese by Mgr John Allen - 'A popular history of the Diocese of Salford' and 'Pilgrims of Hope: Out and About in Salford Diocese'. It will be held on Monday 3 March at 5pm at St Patrick's Church, in Collyhurst. You can book your free place now at www.caritassalford.org.uk/booksigning. All proceeds from book sales go to Caritas Salford.

Pilgrims of Hope: Lenten Talks - The Diocese of Salford is holding a series of talks this Lent that explores themes of journeying and pilgrimage through the lens of the Jubilee. The weekly talks begin on Tuesday 4th March 11am at Wardley Hall. Contact Sr Joan Kerley on joabkfms@gmail.com or call 0161 971 7842 to find out more.

Understanding our Everyday Beliefs' Retreat - A three-day Lenten retreat is taking place at the Loreto Spirituality Centre in Llandudno this month. It will take place between Wednesday 12

March and Saturday 15 March 2025. More info www.loretocentre.org.uk

Are you aged between 18 and 35 or know someone who is? - Our diocesan charity Caritas Diocese of Salford is looking for young adult volunteers to join their governance committee as co-opted members to help shape the charity in the coming months and years. Find out more about how you can help tackle poverty, homelessness, disadvantage, and displacement in our parish communities at www.caritassalford.org.uk/youngadultboard

Pilgrim's Passport - Create new family traditions this Jubilee year by picking up our family-friendly guide to Jubilee churches in the Diocese of Salford. With fast facts, thought-provoking questions, and different activities, our Pilgrim's Passport is the ideal companion to help families pray and journey together this Jubilee Year. Find out more at <https://dioceseofsalford.org.uk/pilgrims-passport/> or visit one of our Designated Churches to begin.

Jubilee Resources - Want to learn more about our Pilgrims of Hope Jubilee? Want to find out how we're observing the Holy Year in our diocese? The Diocese of Salford's website has a range of information to accompany you this Jubilee Year, with information on our Designated Churches, upcoming pilgrimages, and a range of different resources. Explore more at <https://dioceseofsalford.org.uk/news/jubilee-2025>

Retreats at the Christian Heritage Centre - There are 2 upcoming retreats: The Search for Truth: Edith Stein, 14 – 16 March. For more information and to book: <https://christianheritagecentre.com/events/the-search-for-truth-edith-stein/>

Men's Spiritual Exercises - 30 March - 4 April 2025. For more information and to book: <https://christianheritagecentre.com/events/mens-spiritual-exercises/>

Vacancies: For all vacancies at Salford Diocese find out more and apply at <https://dioceseofsalford.org.uk/news/vacancies>