



# Sacred Heart RC Primary School

*The Sacred Heart Standard* WESTHOUGHTON

[www.sacred-heart.bolton.sch.uk](http://www.sacred-heart.bolton.sch.uk)

[office@sacred-heart.bolton.sch.uk](mailto:office@sacred-heart.bolton.sch.uk)

01942 634681

Executive Headteacher: Mr M Johnson | Deputy Headteacher: Mrs S Bridge

Friday 12<sup>th</sup> May 2023

Dear parents and families,

## Y6 SATS WEEK

*The Sacred Heart Standard*

This week may be the end of KS2 national testing point for our Y6 pupils, but their learning and development is much broader than SATs measure. Next week, our teachers must complete the [Six into Seven](#) data for those transferring to Bolton secondary schools. This is much more holistic and links to the wellbeing and nurture of our children as they continue their learning journey. The coming weeks include lots to look forward to for Y6 who have conducted themselves in an exemplary way this week. We are proud of them.



Our Y5 families will also begin thinking about secondary schools at this time in readiness for [applications](#) in September / October. Our partner high school, [St Joseph's, Horwich](#), have written to Y5 parents this week inviting them to a [meeting on Monday 19<sup>th</sup> June at 3pm](#). The [letter](#) also contains key dates for secondary applications and transition meetings.



The first half of the prayer is what the angel said to Mary, when telling her that she would be Jesus's mother.

The second half is what Elizabeth said to Mary, when SHE was told the good news.

We respond

Hail Mary, full of grace,  
the Lord is with thee.  
Blessed art thou amongst women  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, mother of God,  
pray for us sinners  
now and at the hour of our death.  
Amen.

♥ We respond...



Loving God,  
We believe that we are one big  
human family.  
Help us to reach out to people  
who are suffering or sad,  
showing them the love you  
have shown to us.

Lord in your mercy  
**Hear our prayer**



Shristi  
the  
Sun bear

In our Like Jesus assembly this week we focused on 'solidarity' and celebrated May as the month of Mary. Solidarity means that we must consider ourselves part of a human family and have a responsibility towards others. We prayed together:

*God our Father, you asked Mary to undertake a very important mission, to bring your Son, Jesus, into the world. We ask Mary to pray for us, so that we too may be brave enough to be missionaries of God's love in our world today.*

We pray to the Lord. **R/ Lord, hear our prayer.**

CAFOD



Solidarity

*God our Father, we pray for all children around the world who will be honouring Mary this May. We ask Mary to pray for all of us, so that we, like her, are not discouraged by the problems we face but do what we can to help each other.*

We pray to the Lord. **R/ Lord, hear our prayer.**

*Heavenly Father, God our Father, we pray for our Muslim sisters and brothers who also honour and respect Mary. We ask Mary to pray for all of us, that we may all follow her example and say 'yes' to sharing God's love and mercy with everyone, everywhere.*

We pray to the Lord. **R/ Lord, hear our prayer.**

*Heavenly Father, we pray for the children overseas whom Mission Together helps: those who are poor, hungry, sad or scared. May they find hope in your love and may we always be ready to help them.*

We pray to the Lord. **R/ Lord, hear our prayer.**

**PARKING ON SCHOOL KEEP CLEAR ZIG ZAG LINES IS ILLEGAL:** Parking on school keep-clear zigzags is dangerous and illegal. They are there to protect the safety of your children. Vehicles that park on school keep-clear zigzags can obstruct the vision of children, making it dangerous when they are crossing the road. If a vehicle is parked on a school keep-clear zigzag, then a Penalty Charge Notices (PCN) can be issued at £70. **Do not park or stop even for a short moment on these markings.**

If you require a park & walk permit, please [apply here](#).



**LIKE JESUS:** Well done to this week's award winners:



**UNITE | ACHIEVE | CELEBRATE**



Most likes on f



Witness



Respect shown



Caritas in Action



**CORONATION PARTY AFTERNOON:** This afternoon, we will come off timetable to celebrate the recent coronation of King Charles & Queen Camilla. Children on school meals will have a special coronation lunch to begin the afternoon!

**CHOIR:** Come and join our school choir, as they perform a specially-composed piece at Liverpool Metropolitan Cathedral on Saturday 20<sup>th</sup> May, accompanied by the Cathedral Cantata Choir and Hope Metropolitan Orchestra. It promises to be a really special occasion!

**From Rio to Windsor**  
A Concert of English Music  
Saturday 20<sup>th</sup> May 2023 | 7.30 pm  
Liverpool Metropolitan Cathedral  
Mount Pleasant, Liverpool L3 5TQ

Hope Metropolitan Orchestra  
Cathedral Cantata Choir, Dir: Richard Lea  
Hope Voices, Dir: Rebekah Okpoti  
Choir of Sacred Heart Roman Catholic Primary School, West Houghton  
Dir: Mike Stubbs  
Conductor: Helen Thomas

**APPOINTMENTS:** Please try your best to get medical appointments for your child outside of school hours. We understand that this is sometimes impossible due to emergency appointments, but if they can be made after 3.35pm, this ensures children are not missing out on lesson time. If your child does have to have a medical appointment during school hours, we do need to have the appointment card sent through by email or shown to the office staff, prior to the appointment. Thank you for your continued co-operation and partnership in this regard.

**PAY360:** We are aware of many of the problems parents have had with Pay360 this year. The app expires in July and we are seeking an alternative online payment system. Look out for more information.

### SACRAMENTAL PROGRAMME:

Key dates are as follows:

Sunday 14<sup>th</sup> May 2023, 10:00am Mass: Unit 5: We are people who follow Jesus.

First Eucharist will be celebrated on the following dates:  
Saturday 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup> June 2023, 6:00pm; Sunday 4<sup>th</sup>, 11<sup>th</sup>, 25<sup>th</sup> June 2023, 10:00am Mass.

*Thank you for completing your chosen date on the google form. Any request for date changes and any queries relating to the Sacramental Programme should be addressed to Fr Barry.*

[First Communion Ties can be purchased from Amazon.](#)

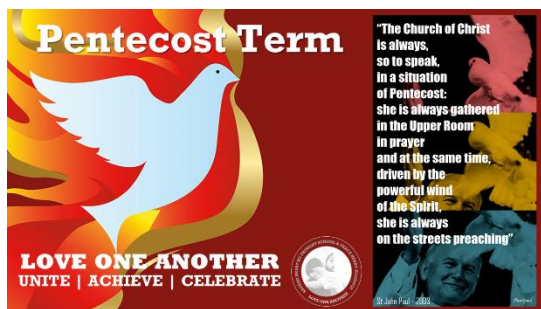


Reconciliation



Communion





**PENTECOST PARTY:** Please celebrate with us on the afternoon of Friday 26th May, at 2:00pm for our big Pentecost Party! We will be gathering together to sing, dance, share and feast around our Pentecost fire

Weather depending, this will take place outdoors. We are looking forward to seeing you all there and celebrating the birthday of our church together!



**CORNERSTONE:** The Caritas Diocese of Salford Cornerstone centre has seen an increase in people needing to use the service and is in need of donations of toiletries (face wash, shampoo, body wash), sugar, new underwear and jogging bottoms.

If you're able to help, please drop off any items in our trolleys, either at church or in the school foyer. Thank you.

**CARE FOR READING BOOKS:** A number of reading books have not been looked after and have been returned in an un-usable state.

These books, part of our phonics scheme, must be taken care of when issued to families to share with their children.

**NOTICE:** Children are not to bring in toys or fidget devices from home. Only Y6 children who walk home alone (permission letter required) may bring a mobile phone, which must be switched off at all times on school premises and handed to the teacher to lock in the classroom cupboard during the school day. Smart watches with calling, texting or camera technology are not permitted in school under any circumstances.

**JEWELLERY** is not to be worn. This includes ear-rings. Nail varnish is also not permitted.

Uniform expectations are listed at <https://www.sacred-heart.bolton.sch.uk/school-uniform/>

**SCHOOL MEALS:** Meals are provided at no cost to families for children in Reception, Y1 & Y2.

For KS2 children, the cost of school meals is currently £2.30 per day.

Meals are ordered on a half-termly basis. Payments can be made via our Pay360 online shop, if paying by Cheque it should be made payable to BMBC, and sent to the main office. **Please ensure that you inform the office prior to changing your child's meal arrangements.**



# Early Help Parenting Drop-in

For all families with children under 18

We know that being a parent is not always easy and that families need extra support at some stage as children grow up.

Targeted Early Help Workers will be on hand to offer advice and support.

We can offer signposting to helpful services, organisations and community groups.

Are you struggling with your child's behaviour?

Not sure what services there are available that can help to support you?

Are they anxious or struggling with self-esteem?

Poor school attendance?

Are they being excluded from school?

Come and join us for a cup of tea and a chat if you want any advice or information about parenting.

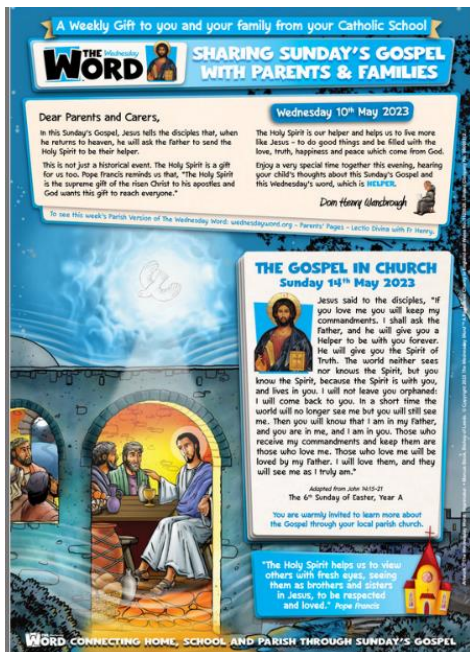
## Drop-in sessions, 10am-1pm

|                              |        |        |        |        |        |        |
|------------------------------|--------|--------|--------|--------|--------|--------|
| Farnworth King St Centre     | 20 May | 17 Jun | 8 Jul  | 29 Jul | 19 Aug |        |
| Oxford Grove Children Centre | 3 Jun  | 24 Jun | 15 Jul | 5 Aug  | 2 Sept |        |
| Tonge Children Centre        | 13 May | 10 Jun | 1 Jul  | 22 Jul | 12 Aug | 9 Sept |

**For more information please contact:**  
Targeted Early Help Tel: 01204 336215  
Email: [earlyhelp@bolton.gov.uk](mailto:earlyhelp@bolton.gov.uk)

**Bolton Start Well**  **Bolton Council**





**THE WEDNESDAY WORD:** You can enjoy the Wednesday Word as a family by [following the link to this week's edition.](#)



May 'prayers for home' is also available on the [newsletter page of our website](#), or by visiting: <https://www.tentenresources.co.uk/the-hub/parent-newsletter/>

**MAY CHURCH BULLETIN:** Our [parish bulletin for May](#) can be downloaded from our website at <https://www.sacred-heart.bolton.sch.uk/parish-bulletin-social-media/> Fr Barry writes to inform us about his new role as Greater Manchester Police full-time Force Lead Chaplain. Although he will leave us as Parish Priest on 3rd July, he will return for Mass each weekend until a successor is appointed. Please keep Fr Barry in your prayers.

**MAY E-SAFETY UPDATE:** can be downloaded at

[https://www.sacred-heart.bolton.sch.uk/wp-content/uploads/2023/05/Online-Safety-Newsletter-Primary-May-2023 Sacred-Heart-Bolton 27-04-2023.pdf](https://www.sacred-heart.bolton.sch.uk/wp-content/uploads/2023/05/Online-Safety-Newsletter-Primary-May-2023%20Sacred-Heart-Bolton%2027-04-2023.pdf)

## UNITE | ACHIEVE | CELEBRATE

**UNITE:** Our curriculum for Summer | Pentecost Term is on our website. The CMAPS for every subject can be found at <https://www.sacred-heart.bolton.sch.uk/curriculum-map/> with summary on this term's

**UNITE** letters which have been uploaded to our website at <https://www.sacred-heart.bolton.sch.uk/newsletters/> or below:

[Reception](#) | [Y1](#) | [Y2](#) | [Y3](#) | [Y4](#) | [Y5](#) | [Y6](#)

**ACHIEVE:** Thank you to all who benefit from our monthly **ACHIEVE** meetings. The upcoming achieve dates offer parents opportunity to meet with Mr Dootson (Pastoral & Safeguarding Lead) or Mr Stubbs (SENDco).

- Thursday 25<sup>th</sup> May.
- Wednesday 28<sup>th</sup> June.
- Wednesday 19<sup>th</sup> July.

To book an appointment, email [achieve@sacred-heart.bolton.sch.uk](mailto:achieve@sacred-heart.bolton.sch.uk) or call the school office.

**CELEBRATE** opportunities coming up, to which you are welcome, include:  
**Stay and Pray Class Assemblies:**

**1E Class Assembly** on Friday 19<sup>th</sup> May at 3pm

**1D Class Assembly** on Friday 9<sup>th</sup> June at 3pm

**Celebration assembly** will be held on Friday 5<sup>th</sup> May at 3pm.

**Music Recital:** Wednesday 24<sup>th</sup> May, 2pm. All are welcome.



## OTHER IMPORTANT DATES FOR THE TERM AHEAD:

|                                                      |                                             |
|------------------------------------------------------|---------------------------------------------|
| Wed 24 <sup>th</sup> May                             | Music Recital, 2:00pm                       |
| Fri 26 <sup>th</sup> May                             | Pentecost Party, 2:00pm                     |
| Fri 26 <sup>th</sup> May                             | Break up for Half Term, 3:35pm              |
| Mon 5 <sup>th</sup> June                             | Return to school                            |
| Wed 7 <sup>th</sup> June                             | New intake meeting, 6:00pm                  |
| Fri 16 <sup>th</sup> June                            | Solemnity of the Most Sacred Heart of Jesus |
| Fri 30 <sup>th</sup> June - Sat 1 <sup>st</sup> July | The Big Sleep (KS2 pupils)                  |
| Monday 5 <sup>th</sup> June                          | Multiplication Check starts x3 weeks        |
| Monday 12 <sup>th</sup> June                         | Phonics Screening                           |



**THE BIG SLEEP:** Following a break enforced by pandemic, our popular big sleep returns for KS2 pupils this summer, on Friday 30<sup>th</sup> June, 8pm to Saturday 1<sup>st</sup> July, 8am. Register your child's taking part at <https://bit.ly/BigSleepIn23>

## OTHER LETTERS ISSUED OVER THE LAST WEEK:

- Liverpool Metropolitan Cathedral – Ticketing Information
- Year 5 St Joseph's Letter
- Reception Sealife Letter
- NSPCC Letter
- New Intake 23 Invite Letter

## LAST WEEK'S ATTENDANCE SUMMARY:

| Class        | Percentage % |
|--------------|--------------|
| Whole School | 95.45        |
| RB           | 98.89        |
| RR           | 99.17        |
| 1D           | 88.33        |
| 1E           | 81.61        |
| 2A           | 91.67        |
| 2D           | 94.44        |
| 3W           | 98.75        |
| 3F           | 99.14        |
| 4C           | 96.25        |
| 4W           | 94.53        |
| 5A           | 95.56        |
| 5B           | 98.28        |
| 6B           | 100          |
| 6E           | 98.33        |
| 6BT          | 100          |

The latest National attendance statistics can be found at <https://explore-education-statistics.service.gov.uk/find-statistics/pupil-attendance-in-schools>



# What Parents & Carers Need to Know about

# TELEGRAM

AGE RESTRICTION  
**17+**

## WHAT ARE THE RISKS?

### LACK OF AGE RESTRICTION

Telegram has a 16+ age restriction on using the service, while someone is required to be over 17 to actually download the app. Once that's accomplished, however, there's no need to provide further identification. That means there's no guarantee that under 17s aren't using the app – and no way to confidently verify that any other user actually is who they say they are.

### POSSIBLE CYBERBULLYING

If your child uses Telegram, they could well be in a group with friends and peers on the app. These groups are managed by admins who can remove the option to post replies – possibly leading to instances of cyberbullying in which the victim has no ability to respond. Messages can be forwarded from groups, too, which potentially opens up images and text being seen by people they weren't intended for.

### UNMODERATED CONTENT

Because Telegram relies on users' self-moderation, it can sporadically become a hotbed for illegal or inappropriate content. In the past, the circulation of this material has led to its temporary removal from the App Store. In fairness, the same can be said of several messaging platforms, but Telegram's features (Secret Chats, for instance) certainly present more issues than the likes of WhatsApp.

17+

### PREMIUM COSTS

Telegram is free to use, but it also offers a premium membership (£4.99 per month or £35.99 a year) which increases download speeds, adds translation features, and increases channel and account limits. If your child has access to your Apple ID or Google Pay details, they may be able to sign up for the premium package without your knowledge.

### UNAUTHORISED ACCESS

One of Telegram's major selling points is that it's accessible across multiple platforms. Once the app's been downloaded, users can log in from a phone, tablet or computer. This multi-device availability means increased opportunities for someone else to gain unauthorised access (if your child leaves a computer or tablet at school logged into their Telegram account, for instance).

### SECRET CHATS

Telegram offers a feature called Secret Chats, which allows for messages which self-delete after a specified period of time. There are instances where this can be useful (journalists often use Telegram to protect their sources, for example), but for young people it can make it extremely difficult to prove that someone has been abusive or inappropriate towards them on the app.

## Advice for Parents & Carers

### PRIVACY CONTROLS

If your child wants to use Telegram, we'd strongly suggest using the app's built-in privacy settings to restrict who can see when they were last online, their profile photo, and their phone number. This can be set to 'everybody', 'my contacts' or 'nobody'; we'd recommend either the second or third options, depending on how locked down you want the platform to be.

### DISCUSS SECURITY

It's important that your child understands the merits of strong passwords and logging out of devices when they're finished – and the benefits of protecting their personal data in general. This could range from relaxed chats and simple tips like "don't send your bank details" to how to set up passcodes for Telegram so your child's chats stay secure when they step away from their screen.

### REPORT UNSAFE CONTENT

If your child receives private messages which include content that could be considered illegal, unsafe or upsetting, they can of course block the account responsible within the app itself. Be aware, however, that Telegram won't necessarily take any further action unless this offensive content involved a user-created channel, bot or sticker.

### USE THE BLOCK FUNCTION

Users can block spam, abusive, or imposter accounts within the app. Blocking stops that account from messaging your child, or viewing their profile and activity. If the user in question is one of your child's peers or friendship circle, it may be worth bringing it to the attention of their school. Also bear in mind that your child can also voluntarily leave a Telegram group at any point if they wish.

### PROTECT PAYMENT METHODS

Apple and Google's storefronts offer family sharing options, but it's also worth double-checking your settings to ensure that a password or two-factor authentication option is set up to prevent any unexpected purchases. If your child does pay for a premium Telegram subscription without your consent, Apple and Google have been known to issue refunds in some cases.

### Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site GGRecon and has worked in the gaming media for around four years. A regular visitor to the App Store to try out new tools, he's also a parent who understands the value of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.



PREMIUM ACCESS

NOS  
National  
Online  
Safety®  
#WakeUpWednesday

Source: <https://www.telegram.org/> | <https://www.engadget.com/telegram-explained-2022-163035688.html>



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national\_online\_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 10.05.2023

**THIS WEEK'S HIGHLIGHTS:** Keep an eye on our social media at <https://www.facebook.com/TheJourneyMatters/> to keep up with images from our learning journey...





**AND FINALLY:** Thank you to all who have given their time, outside of directed time, to provide the SATs breakfast club this week for our Y6 children. For many sessions, they have provided master-classes after school, also beyond their directed hours. Our team regularly go the extra mile – we appreciate them!

#TeamSacredHeart



Thank you for your continued support and trust as we walk together.

*M Johnson*

Mr M Johnson  
Executive Headteacher

*B Furey*

Mrs B Furey  
Director of Teach Heart Alliance

*In our daily mission as baptised Christians, may the love of Christ push us toward the peripheries of our societies to meet our brothers and sisters who have been cast aside and abandoned, to show them the Lord's tenderness.*

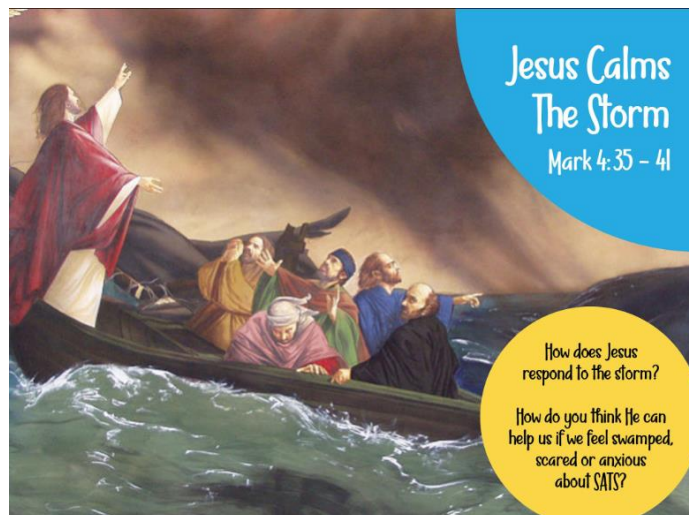
*Pope Francis, Twitter @ Pontifex, 10<sup>th</sup> May 2023.*



**UNITE | ACHIEVE | CELEBRATE**

Jesus was in a boat one evening with his friends when a wild storm suddenly blew up around them. Waves broke into the boat, and it was nearly swamped. Meanwhile Jesus was asleep! His terrified friends woke Him. “Teacher, don’t you care if we drown?” Jesus woke up and spoke to the wind and waves in a firm voice: “Peace! Be still!” Because of His words, the wind died down and it was completely calm and tranquil. His friends were amazed. “Who is this? Even the wind and the waves obey Him!” they said.

Mark 4:35 – 41



Before you pick up a pen or turn a page, of your SATs papers, remember that you are fearfully and wonderfully made.

If SATs seem like a storm to you, remember that Jesus is with you in the storm, holding your hand and keeping you calm.

Just as Jesus spoke peace to the waves and wind in the Gospel, He will speak peace to us.

Whatever you feel, ask Jesus to send His Holy Spirit with gifts of tranquility and peace.

God’s love for you will never end.  
He is with you every day.  
He’s here right now, guiding your way.



Let’s pray together:

**All:**

**Dear Jesus,**

**Thank you for loving me always.**

**I know that you want me to do my best in SATS, but your love for me doesn’t depend on the result.**

**Thank you for calming any storms in me.**

**Amen**



# Helping children and young people with MANAGING DEVICE STRESS AND ANXIETY

## WHAT ARE THE RISKS?

The internet and advances in the capability of digital devices have afforded us arguably the fastest period of technological and social evolution in living memory: creating opportunities for us to interact with people anywhere in the world, 24 hours a day. It's also, however, blurred safety boundaries and added new stresses for young people, who are often less aware of the hidden hazards. With almost half of 10-15-year-olds experiencing bullying online and algorithms pushing content in front of our children every day, it's important to know how to address some of these challenges.

## LIVING ONLINE

The internet is awash with sophisticated algorithms that learn from our online behaviour and try to predict our wants and needs. That's very helpful in some respects, but it can make the online world difficult for children and young people to negotiate. Content can be brought to them at any time – it may not always be appropriate, and children may not have the ability or the support to deal with it.

## PUSHY NOTIFICATIONS

Content is also directed at us through notifications from our apps: letting us know we have a new message or social post to read, for example. While that's useful in some circumstances, it conditions us to keep going back online (and is designed to do so) and can be a near-constant demand on your child's attention. As such alerts become more common, are we experiencing an 'attack of the pings'?

## BLURRED BOUNDARIES

There are now so many ways we can communicate online in real time (like instant messaging apps) or with a delay (such as on social media) that it's possible to be constantly in conversation. Young people often prefer quickfire exchanges of text – but using fewer words can cause distressing miscommunications through the lack of non-verbal cues like facial expressions or tone of voice.

## DIGITAL DEPENDENCY

As devices allow access to immediate external help in challenging situations, it's a concern that children may not be developing the inner confidence to work things out for themselves. Likewise, group membership is hugely important to young people – both in digital and 'real' life – and being excluded from online conversations can cause damaging feelings of loneliness and isolation.

## DISGUISED DISTRESS

Children often haven't yet developed the emotional resources to deal with many of the setbacks of everyday life, so identifying when it's specifically something online that's worried them can be tricky. A certain level of stress is a normal response to a problem: it spurs us into action to keep ourselves safe. If the stress is excessive, though, it can feel overwhelming and potentially lead to anxiety or depression.

## ANTI-SOCIAL SOCIALS

Social media can bring people together in hugely positive ways. Sadly, it does also have a darker side, including 'flame war' arguments which can escalate quickly and have hurtful consequences. With so many people looking on, 'group shaming' situations are also common – while there are continual opportunities for young people to compare themselves negatively with other social media users.

## Advice for Parents & Carers

### LEARN THE BASICS

It's impossible to keep up with every online change or every new app. The best option is to make yourself aware of the fundamentals of how the internet operates, so you can help your child to grasp how – and why – content reaches them. Devices and the digital world can be confusing, so learning to understand them better will give you the confidence to talk to your child about them.

### PUSH DISTRACTIONS AWAY

Notifications to our phones and tablets can be helpful, but they sometimes make one wonder who's really in charge: the person or the device? Checking our phone as soon as it goes off is an easy habit to fall into – especially for young people. Try switching off non-essential alerts on your devices and encourage your child to do the same: you should both feel less triggered and more in control.

### KEEP CHECKING IN

Healthy emotional regulation balances three systems: threat, drive and grounding. Down the various rabbit holes of the internet, however, that balance can easily slip away – so it's important to help your child manage their emotions when they're online. Check in with them regularly when they're on their device, and remember that 'distraction' and 'relaxation' aren't always the same thing.

### TALK IT OUT

If a child mentions a comment that's been directed at them in a text chat or on social media, it may sound minor but can actually have a much bigger effect than we realise. In our evolved brains, any perceived threat can get internalised while our body reacts as if we were in physical danger – raising stress levels. It's always worth encouraging your child to get any concerns out in the open.

### LOOK FOR THE SIGNS

This is tricky – and may depend on the child's age – but any sudden change in behaviour is worth looking out for. If your child seems to be checking their phone or tablet more, doesn't want to be parted from them, or appears unusually secretive, anxious or withdrawn, it could be a sign that something is amiss in relation to their device – and, possibly, that they're in need of extra support.

### BE KIND: UNWIND

Be kind to yourselves as parents and carers. Remember that we're all in the same boat, trying to safely guide our children through this complex, fast-moving digital environment. Getting into the habit of having natural, relaxed conversations with your child about their online life (and yours) can level the playing field and make it far easier for them to open up to you about any concerns.

## Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who specialises in promoting safe and ethical online communications. She consults with and offers bespoke training to businesses and organisations, supporting positive and effective online communications – often by considering some of the more hidden aspects of the various mediums.



**NOS** National Online Safety  
#WakeUpWednesday

Source: <https://www.childrenscommissioner.gov.uk/report/the-big-ask-big-answers/>  
<https://www.ons.gov.uk/peoplepopulationandcommunity/crimeandjustice/bulletins/childrens-online-behaviour-and-usage/wake-up-wednesday-year-ending-march-2020>



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national\_online\_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 29.03.2023



**UNITE | ACHIEVE | CELEBRATE**